




| MONDAY   | TUESDAY  | WEDNESDAY   | THURSDAY   | FRIDAY  |
|--|--|---|--|---|
|                                     |  | 1 CHEESE OMELET<br>Served with Western Sauce<br>Breakfast Sausage<br>Roasted Red Potatoes<br>Mixed Bell Peppers & Onions<br>Seasonal Fresh Fruit<br>Picante Sauce | 2 BBQ CHICKEN SANDWICH<br>Chuckwagon Corn Confetti Cole Slaw<br>Pineapple Pudding                                  | 3 CINCO DE MAYO<br>BEEF TACO<br>Black Beans & Corn Fiesta<br>Coleslaw<br>Shredded Cheese<br>Flour Tortilla<br>Picante Sauce                     |
| 6 SHREDDED PORK<br>Served with Rice<br>Whole Kernel Corn<br>Black Beans<br>Pineapple Tidbits<br>Salsa                | 7 <u>BIRTHDAY MEAL</u><br>MEATLOAF<br>Mashed Potatoes & Brwn Gravy<br>Stewed Tomatoes<br>Green Beans<br>Seasonal Fresh Fruit<br>Birthday Cupcake | 8 BREADED FISH<br>Tartar Sauce<br>Roasted Red Potatoes<br>Green Peas<br>Seasonal Fresh Fruit  | 9 ROASTED GLAZED PORK<br>Whipped Sweet Potatoes Green Bean<br>Cole Slaw<br>Peach Cobbler                           | 10 <u>MOTHER'S DAY MEAL</u><br>TURKEY POT ROAST<br>Poultry Gravy Lyonnaise<br>Potatoes Green Beans<br>Seasonal Fresh Fruit Strawberry Shortcake |
| 13 WESTERN PORK STEW<br>Whole Kernel Corn<br>Green Beans<br>Fresh Orange<br>Dinner Roll                              | 14 SPAGHETTI & MEATBALLS<br>Marinara Sauce<br>Green Peas<br>Spinach Romaine Salad<br>Breadstick<br>Lemon Pudding                                 | 15 TURKEY POT PIE<br>Served over Biscuit<br>Steamed Spinach<br>Mixed Vegetable Blend<br>Lime Peach Mold   | 16 BBQ RIBLETTE<br>Macaroni & Cheese<br>Mixed Vegetable Blend Seasonal Fresh Fruit                                 | 17 SALISBURY STEAK<br>Mashed Potatoes & Brwn Gravy<br>Mixed Vegetable Blend<br>Peaches<br>Mocha Nut Cookie                                      |
| 20 CHEESE & GREEN CHILE BAKE<br>Whole Kernel Corn<br>Orange Gelatin<br>w/ Whipped Topping<br>Fresh Seasonal Fruit    | 21 CHICKEN FETTUCCINE<br>Mixed Vegetable Blend<br>Whole Kernel Corn<br>Spiced Peaches<br>Breadsticks   | 22 SLICED ROAST TURKEY<br>Mashed Potatoes & Turkey Gravy<br>Green Beans<br>Spinach Romaine Salad<br>Pineapple Crisp   | 23 MEATLOAF<br>Brown Gravy<br>Roasted Red Potatoes<br>Mixed Vegetable Blend<br>Tropical Mixed Fruit<br>Dinner Roll | 24 <u>MEMORIAL DAY SPECIAL</u><br>CHEESEBURGER<br>American Cheese<br>Lettuce & Tomato<br>Baked Beans<br>Chocolate Cupcake                       |
| 27 <b>CLOSED MEMORIAL DAY</b><br> | 28 SALISBURY STEAK<br>Brown Gravy<br>O'brien Potatoes<br>Mixed Vegetable Blend<br>Seasonal Fresh Fruit   | 29 COUNTRY MEATBALLS<br>Pasta & Gravy<br>Carrots<br>Spinach Romaine Salad<br>Chocolate Pudding  | 30 CHICKEN FAJITA<br>Mixed Bell Peppers & Onions<br>Refried Beans<br>Whole Kernel Corn<br>Flour Tortilla           | 31 TURKEY DIVAN<br>Divan Sauce<br>Lyonnaise Potatoes<br>Green Peas & Carrots<br>Peaches<br>Sugar Cookie   |

*Spend the day with us*   
*And make yourself at home*




*Just when I thought I was too old to fall  
in love I became a Grandmother.*

**Harman Senior Recreation Center**  
**4090 South 3600 West - West Valley City**  
**801-965-5822**

<http://www.facebook.com/HarmanSeniorRec>



 **For lunch and/or ride reservations  
call one day in advance before 12:00 p.m.  
Suggested lunch donations for Seniors \$3.00.  
Van suggested donation \$1.00 each way.  
Upon request reasonable accommodations can  
be made for those with disabilities.**